



Dessert of the Week: Tanga Tart Frozen Yogurt

IN Utah this week, by Amy Spencer

\$2.49 for 9 oz., Au Naturele

Nothing says healthy dessert like frozen yogurt, unless you're the type that calls a piece of fruit dessert. Au Naturele has nailed down the current trend by cranking out the acai and mango flavors from their soft serve machine. As a fan of the trend, I have to say this was some of the best mango my taste buds have savored. Sometimes frozen yogurt will have a slightly gritty texture, but this was extra smooth with an ideal amount of tartness.